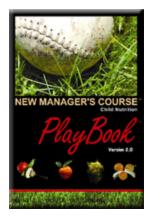


### New Manager's Course<sup>™</sup> PlayBook<sup>™</sup> – Product Tour



The New Manager's Course<sup>TM</sup> PlayBook<sup>TM</sup> is an interactive CD-ROM-based program that helps school food service managers get on track and stay there for the entire school year. All the information you need is in one convenient place.

Stepping up to the plate to manage a school cafeteria requires making a big shift in thinking. No longer are the managers answerable for only their part of the operation. They are now responsible and accountable for the product and quality of their entire work group. Managers will learn that taking ownership of a team's performance, however, does not imply doing all the work themselves. Successful leaders achieve results through their relationships with others -much like a baseball team.

### **Practical Information from the Start**

The *PlayBook*<sup>TM</sup> supports first time and returning veteran managers in assuming their role quickly, effectively, and confidently. They'll transition rapidly from individual team member to leader as they:

- Recognize their responsibilities as cafeteria manager
- Ensure that their cafeteria is operational as quickly as possible
- Rapidly obtain the information they need to reach sound decisions
- Develop and/or maintain successful relationships with employees, vendors, faculty, staff, parents, and students
- Identify the competencies they and their team members need to learn to perform successfully, complying with Federal, State, and local regulations
- Develop teamwork that leads to high performance
- Manage their own personal resources

### **Seven Power-Packed Sections**

The *PlayBook's<sup>TM</sup>* seven sections cover just about everything managers need to know:

- 1. Introduction & Objectives sets program objectives, highlights resources & illustrates the manager's new role using a job map
- 2. Getting Ready for Opening Day assesses the manager's readiness to lead, ensures that the manager's office and equipment are accessible and functional, identifies expectations & challenges, examines the value of professional networking and suggests people who could be included in one ... more

- Opening Pitch helps the manager start the season right with a vision & plan that are shared, supported & realistic. Assesses team members skills, assigns roles & schedules, plans staff development & furnishes a tool for preparing successful meetings ... more
- 4. **Managing Operations** concentrates on the day-to-day aspects of leading an effective cafeteria, including setting up a receiving system, developing a marketing plan & promotion, forming effective relationships, identifying & meeting staffing needs, orienting new people, & managing program information & budgets ... *more*
- 5. **Developing Team Performance** focuses on helping team members plan their own personal development, delegating tasks, delivering feedback, & recognizing performance ... *more*
- 6. **Strengthening Leadership Skills** prompts managers in developing their own personal plans to enhance their leadership skills
- Training Camp presents a wide array of online & classroom learning opportunities. It captures
  all the worksheets and checklists offered in the program, and links to outside resources offered by
  reliable providers

The *PlayBook™* coaches them through the process of making the enormous transition from individual team player to manager. Instruction worksheets, checklists and other tools provide managers with the information and support they need to explore each of these vital leadership skills. It also provides a year 'round Training Camp offering links to websites, books, courses, audio and video programs. The CD-ROM and *PlayBook™* contain the complete course in PDF, formatted for onscreen viewing. Adobe Reader Version 8.1 is provided. The course and forms can be printed and/or saved to the manager's computer for completing the fillable forms onscreen.

## A Collaborative Effort for Accurate Information and Excellent Content



The New Manager's Course<sup>TM</sup> PlayBook<sup>TM</sup> was created as a collaborative effort. A focus group consisting of Inspired Learning Adventures, L.C., Child Nutrition staff from Region 4 Education Service Center in Houston, Texas, and child nutrition educators and managers from Houston area school districts designed, developed, and produced this course. The school district focus group members represented Alief, Dayton, Pasadena, and Stafford. They ranged in size from small to large districts and included rural, suburban, and urban areas. The group met monthly over a period of nearly twelve months to identify course objectives, suggest content, edit scripts, and critique style.

The PlayBook is SNA Certified for 24.0 hours credit.

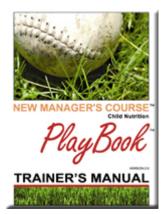
### **More Equipment**

The revised *PlayBook™* adds still more value with the following products included:

- Note Taking guide
- Downloadable and printable job map
- PDF fillable worksheets, checklists, and other tools that can be saved to a computer and/or emailed
- Trainer's Guide
- Course completion certificate template
- Updated resource links
- Adobe® Reader® 8.1

Worksheet				
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### Make the PlayBook™ the Center of Your Manager Training



The topics included in the *PlayBook*<sup>TM</sup> can be delivered in many different ways – individually for independent learners, short segments in one to twohour workshops, a couple of topics presented together in a morning or afternoon in-service program, or several subjects brought together for a summer workshop, manager academy, or back-to-school training session. We offer a one-day train-the-trainer program that teaches your instructors how to identify your managers' learning needs, select sections from the *PlayBook*<sup>TM</sup>, and add customized material that will uniquely meet your District's needs. To learn more about the train-the-trainer program, please see our website, <u>www.InspiredLearning.com</u>. We can customize a program specifically for your team.

### See More Specifics

If you would like to review more information about the program, please see the attached brochure, Table of Contents and sample course book pages showing the PDF navigation system, PDF fillable worksheets and checklists, and the Job Map that links tasks to resources.

### **Ordering Information**

If you're ready to order, please see the attached Order Form – or contact Connie Maxfield at 281-370-9564 (Toll Free: 866.370.9564), or <u>Connie@InspiredLearning.com</u>.

### Using the *PlayBook*™

The New Manager's Course™ PlayBook™ Version 2.0 CD-ROM can be used many ways. Some include:

- To accelerate application of classroom learning on the job
- As an in-service training tool
- Whenever a manager takes responsibility for a new cafeteria
- As a coaching tool
- To enhance management skills

Many learning activities in the program may be completed in one workshop consisting of several days' duration or a lesson at a time. They may be completed individually or in a group. The exercises extend, however, over the course of an entire year.

### **Training Camp on Demand!**

An outstanding resource section, the "Training Camp" in the *PlayBook*<sup>™</sup> presents a wide array of online and classroom learning opportunities. It captures all the worksheets and checklists offered in the program, and links to outside resources offered by reliable providers. Revisit as often as you need to!

### **More Equipment in the Bag!**

These supporting products are included on the CD-ROM (in PDF format\*):

- NoteTaking guide
- Downloadable and printable job map
- Worksheets, checklists, other tools, and links to helpful learning sites and materials
- New in the Revised Edition Trainer's Guide, certificate template, fillable checklists, and updated resource link

\*Adobe<sup>®</sup> Reader<sup>®</sup> 8.1 included SNA & TASN Certifications 2004 24 Hours

### **Working Together**

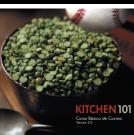
Kitchen 101<sup>™</sup> Version 2.0 and The New Manager's Course<sup>™</sup> PlayBook<sup>™</sup> Version 2.0 are customized training programs developed as collaborative efforts between Inspired Learning Adventures, L.C. and Region 4 Education Service Center in Houston, Texas. School food service staff from the Houston area districts of Aldine, Alief, Dayton, Devers, Pasadena, Stafford and Tomball contributed to the development of the courses.

In their final stages, the programs' content and formats were tested in workshops by hundreds of child nutrition professionals. The resulting courses are designed with the goal of keeping school kitchens running smoothly and retaining employees.

### Pricing

601-1484 New Manager's Course™PlayBook™Version 2.	
CD-ROM & Job Map \$	5180
601-1025 Kitchen 101 <sup>™</sup> Version 2.0 Combination Pack:	
CD-ROM & Instructors Guide–English \$	6240
601-1026 Kitchen 101 <sup>™</sup> Version 2.0 Combination Pack:	
CD-ROM & Instructors Guide–Spanish \$	6240
601 - 1027 Kitchen <i>101</i> ™ V2.0	
CD-ROM–English & Spanish \$	5200
601-1028 Kitchen 101™ V2.0 Instructors Guide–English	\$50
601-1029 Kitchen 101™ V2.0 Instructors Guide–Spanish	\$50
Order online and Shipping/Handling is FREE!	
Website http://www.region4store.com	

Shipping/Handling: 10% of total order for S/H: \$5.00 minimum/\$100 maximum.



Kitchen 101<sup>™</sup>

Version 2.0



Manager's



Version 2.0

Course™

### Two courses

to meet the needs of child nutrition employees – from their first day through becoming new managers

*Kitchen 101*<sup>TM</sup> Version 2.0 is an English/Spanish CD-ROM-based orientation program designed to meet the training needs of school food service personnel to prepare them for industrial cooking in an educational setting.

### The New Manager's Course™ PlayBook™

Version 2.0 is a CD-ROM-based course designed specifically to meet the training needs of school food service managers to lead their cafeterias with skill, imagination, and confidence. This new revised version includes a Note Taking Guide, Trainer's Guide, certificate template, fillable checklists, updated resource link, and downloadable, printable job map.

Child Nutrition Services Region 4 Education Service Center 7145 West Tidwell Road Houston TX 77092-2096 Phone: 713.744.8162 | fax 713.744.4419 http://cns.escportal.net



### Kitchen 101™



### Introducing

Kitchen 101™ Version 2.0

*Kitchen 101*<sup>™</sup> compares working in a kitchen to playing baseball. Its three sections include:

- "Rules of the Game"—introduces the rules of the child nutrition business – an overview of government regulations, typical kitchen roles, menu-planning systems, production records, and free/reduced price lunches
- 2. **"You As a Player"**—outlines responsibilities of each employee as a "player" – show up on time, dressed appropriately, ready to support the team and develop skills
- 3. "Play Ball"—highlights the most frequently used small and large equipment, as well as basic safety and sanitation guidelines

The course includes a 25-question test created from a database of 118 items. Users may repeat the test as necessary, each time receiving a new random set of questions.

The *Kitchen 101*<sup>™</sup> CD-ROM is both PC, including Vista, and Mac compatible and can be used a number of ways. Some ideas:

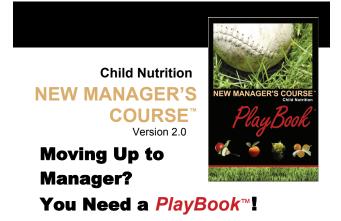
- Orientation before a new substitute or employee begins work
- Job fair or recruiting tool
- In-service training tool
- Coaching tool
- · Learning aid to improve language skills

2 Hours SNA certified November 25, 2002 TASN certified December 9. 2002



## Supporting products included on the *Kitchen 101*<sup>™</sup> CD-ROM:

- Instructors Guides in English and Spanish Each includes, in English, an introduction to *Kitchen 101*<sup>™</sup>, suggested uses of the program, room setup options, tips on facilitating the course, and every screen from the CD-ROM (in either English or Spanish). (Note: print copies of the Instructors Guides may also be purchased.)
- Participant Guides in English & Spanish include every screen from the CD-ROM.



Stepping up to the role of foodservice manager can be a heady experience. On one hand, you can feel challenged and energized. On the other hand, you can feel like you've been hit by the proverbial "bean ball"—left speechless and asking, "What happened?"

### **Don't Get Caught in Left Field!**

The New Manager's Course™ PlayBook™ compares managing a kitchen to managing a baseball team. Its seven sections include:

- 1. Introduction & Objectives—sets program objectives, highlights resources & illustrates your new role using a job map
- 2. Getting Ready for Opening Day assesses your readiness to lead, ensures your office & equipment are functional, & identifies expectations & challenges
- 3. **Opening Pitch**—helps you start the season right with a vision & plan that are shared, supported & realistic. Assesses team member skills, assigns roles & schedules, plans staff development & concludes with a tool for preparing successful meetings
- 4. **Managing Operations**—concentrates on the day-to-day aspects of leading an effective cafeteria, including setting up a receiving system, developing a marketing plan & promotion, forming productive relationships, identifying & meeting staffing needs, orienting new people, & managing program information & budgets
- 5. **Developing Team Performance**—focuses on helping team members plan their own personal development, delegating tasks, delivering feedback, & recognizing performance
- 6. Strengthening Leadership Skills—prompts you in developing your personal plan to enhance your leadership skills
- 7. **Training Camp**—is described on the reverse of this brochure



### **TABLE OF CONTENTS**

### SECTION 1: INTRODUCTION & OBJECTIVES

Welcome New Manager	8
Resource Overview	11
Manager Job Map	123

### SECTION 2: GETTING READY FOR OPENING DAY

Introduction	15
Activities & Timeline	17
Assess Your Readiness Worksheet: What Competencies Do I Need to Learn?	18 124
Color Code Your Working Files Chart: Color Coding Your Working Files	19 20
Worksheet: Manager's File Index-Sample	128
Worksheet: Manager's File Index Form	129
Check Out the Physical Things Worksheet: Check Out the	21
Immediate Things	130
Worksheet: Check Out the	
Equipment—Inventory	131
Review Past Performance	22
Worksheet: Performance Documents Review	135
Hold an Expectations Meeting with Your	
Supervisor	23
Worksheet: Expectations Meeting with Your Supervisor	137
Four Supervisor	137
Meet Your Principal	25
Worksheet: Meet with Your Principal	147
Build Your Network	26
Worksheet: Build Your Network	150
Meet with the Custodial Team	29
Worksheet: Meet the Custodial Team	152
Schedule One-on-One Meetings with Team	
Members	30
Worksheet: Sample Invitation for	
One-on-One Team Member Meeting	154
Develop Your Leadership Skills	32
Worksheet: Coursework—Using	
Knowledge and Skills	155

### SECTION 3: OPENING PITCH

Introduction	34
Activities & Timeline	36
Draft Your Game Plan Worksheet: Developing Your Game Plan:	37
Vision, Mission, & Goals	156
Worksheet: Goals	158
Review Your Game Plan with Your Superviso Worksheet: Review Your Game Plan with Your Supervisor	r 41 160
Communicate Your Game Plan to Your Team Worksheet: Communicating Your Game	42
to Your Team	162
Meet with Individual Team Members	44
Worksheet: Team Member One-on-One	
Meeting	164
Worksheet: Staff Development Ideas	167
Assign Team Members Roles and Schedules Worksheet: Calculating Meals per	46
Labor Hour	169
Worksheet: Employee Tasks	170
Worksheet: Work Schedule	171
Plan Staff Development	49
Worksheet: Plan Staff Development	172
Plan Meetings	50
Worksheet: Meeting Organizer	52

#### SECTION 4: MANAGING Operations

Introduction	53
Activities & Timeline	55
Develop a Receiving System	56
<b>Receiving Procedure &amp; Checklist</b>	176
Worksheet: Receiving Report	178
Develop a Marketing Plan	59
Worksheet: Sample Annual Promotion	
Events Calendar	63
Worksheet: Annual Promotion Events	
Calendar Template	183
Worksheet: Sample Monthly Promotion	
Calendar	185
Worksheet: Monthly Promotion Calendar	
Template	186

## New Manager's Course Play Book™

Worksheet: Promotion Planning	187
Worksheet: Promotion Evaluation	189
Develop Relationships with Faculty, Staff	
Vendors, and Parents	63
Worksheet: Building Relationships	191
Establish a Nutrition Advisory Council	65
Worksheet: Nutrition Advisory Council	194
Assess Program Performance	67
Worksheet: Assess Program Performance	195
Identify and Meet Staffing Needs	70
Worksheet: Results-Oriented Job	
Description	197
Worksheet: Behavioral Interviewing	
Questions	198
Orient New Team Members	73
Worksheet: Orient New Team Members	200
Manage Program Information	74
Worksheet: Managing Program	
Information	202
Manage Budgets	76
Worksheet: Budget Basics	203

### SECTION 5: DEVELOPING TEAM PERFORMANCE

Introduction	77
Activities & Timeline	79
Assist Team Members in Developing Skills	80
Worksheet: Employee Development Plan	206
Delegate Tasks	83
Worksheet: Tasks	210
Worksheet: Planning a Delegation	211
Worksheet: Delegation Insights	212
Provide Feedback	85
Worksheet: Giving Praise	214
Worksheet: Giving Feedback for	
Improvement	215
Coach to Improve Performance	90
Worksheet: Coaching to Improve	
Performance	216

Recognize Team Members	93
Worksheet: Recognizing Team Members	224

#### SECTION 6: STRENGTHENING Leadership skills

Introduction	95
Activities & Timeline	97
Assess Personal Competence	98
Create Your Individual Development Plan Worksheet: My Development Plan	99 225

### SECTION 7: TRAINING CAMP

Introduction	101
Training Camp – Tasks and Resources	102
Training Camp – Forms	117
Worksheet: Child Nutrition Managers Competency Assessment	229
Worksheet: Manager's Assessment of Food Service Program	233
Worksheet: Employee Skills Assessment	239
<b>Checklist: How to Conduct an Effective</b>	
Safety Meeting	241
HACCP Checklist	243
CLOSING	245

CONTACT INFORMATION 246

# *New Manager's Course<sup>™</sup> PlayBook<sup>™</sup>* – Thumbnails from Course Manual

The thumbnails below represent text pages showing the PlayBook's<sup>TM</sup> PDF navigation system, PDF fillable worksheets and checklists, and the PDF- linked job map. Please contact us at <u>Connie@InspiredLearning.com</u> for a full explanation of the Course and tools.

### Sample page showing interactive Table of Contents and PDF navigation system:

New Manager's Course Play	00000	Trainer Section: Table of Cont	lents		
Table of Contents					
TRAINER SECTION A: LEARNING TO MARAGE A GAPETERIA		TRAINER SECTION G: PREPARING TO TRAIN	<b>2</b> 173	Adobe Acrobat Professional - [CD_PDF.pdf	1
Welcome & Objectives Why We Must Teach California Managera How to Manage	•	<ul> <li>Proti copies of topics and worksheets</li> <li>Review the materials</li> <li>Gether supplex and any updiated materials</li> <li>Program the setting</li> </ul>	2	File Edit View Document Tools Advanced Wi Open 😤 🦷 Save 🚔 Print 🌉 Email	ndow Help
The Role of the Cafeteria Manager • Job May	5	· Properties in an or TRAINER SEGTION D:		👔 💷 📴 Options 🔹 🗙	
Meet the New Manager's Course PlaySock" • Origin of the course • Our development team	z	INTRODUCE & CONDUCT YOUR LESSON • Sint on line	atures	COVER .	
Cur development team     Program structure & components TRAINEE SECTION B: PLANNING		<ul> <li>Grab the attention with an opener</li> <li>Provide the objectives of the lesson</li> </ul>	Sign	RETURN TO MAIN START MENU	New Manager's Course Play Book
TOUR SESSION		Present the topic content     Introduce the worksheet     Share the timing and or pages for completing the	2	WELCOME to the New Managers	nen munuger a course / wybook
Assess Program Goals & Learner Needs • Who is your sudence?	88	voriabled • Run & monitor the activity	Layer	Course PlayBook***	
<ul> <li>What is the performance gap?</li> <li>What you want them to do on the job?</li> <li>Use the job map as a point of departure</li> </ul>		TRAINER SECTION E: DEBRIEF The Topic	37	B D SECTION 1: INTRODUCTION &	
<ul> <li>Identify when they stand now - their level of familiarity with the topic or skill</li> <li>Choose a delivery method to "get them there"</li> </ul>		<ul> <li>How did participants feel when completing the worksheet?</li> <li>What did they discover about the topic?</li> </ul>	Page	OBJECTIVES	WELCOME
Choose Your Topic • Review the options within the AMC Ray@ook**	38	<ul> <li>How can they relate that to their operation?</li> <li>Encourage questions and answers, sharing superinces, datog</li> </ul>	(s)	- 💦 Resource Overview	
<ul> <li>Specify any customized materials you want to e.g., Datrict policies, job sid</li> </ul>	¥05,	Summarize lear ning     Thank learners	kmar	Manager Job Map	
Determine How Much Time You'll Need & How Much is Available	38	TRAINER SECTION F: INSTRUCTOR/FACILITATOR	Booki	FOR OPENING DAY	
Chart Competison of Course Schedule Formats • Thriv Minutes		The dual role of the instructor facilitator	39	- DAAsess Your Readiness	Welcome to the New Manager's
One-Hour     Three-Hours		<ul> <li>Defining an instructor facilitator</li> <li>When instruction facilitation is appropriate</li> <li>Characteristics of an effective facilitator</li> </ul>	ménts	Activities & Timeline     Delor Code Your Working Files	Course PlayBook™
<ul> <li>Cne-Dey</li> <li>Multiple Days</li> <li>Yest-long</li> </ul>		Flipcharting techniques     Using the CD greater tailon	Com	Chart Color Coding Your	Thank you for purchasing the New Manager's Course
Sketch Your Training Ran • Sample training plan	26	TEAIREE SECTION C: CLOSING AND CONTACT INFORMATION	43	Working Files	PlayBook <sup>M</sup> . This excellent resource will support any ne manager or even a returning manager who wants to st
		TRAINER SECTION H: APPENDIX		Review Past Performance	the school year off right. It will help you get on track an stay on track for the entire year with all the information
		Worksheet: Training Ren	45	8 2 4	8.5x 11 m

PDF fillable worksheets and checklists:

New Manager's Course Play Book								
Worksheet								
What Competencies Do I Nee			- 2					
Instructions: Use this worksheet to identify your strengths and developmental areas.								
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DATE								
		Shill Laves						
Category/Campetency	an Title	Shift Libral	Harte Br	Co avenanta				
Administration								
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and policies								
<ul> <li>Pring system is place</li> <li>Adverse is child subtrian program guidelines set by federal, state, and local</li> </ul>								
authorities a. Maintains account seconds compliant with finiteal, state, and local								
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<ol> <li>Implements compute applications and other new industryers to improve contacted activities as it benefits the purgram.</li> </ol>								
<ol> <li>Organizes include efficiently via line management incluiques</li> </ol>								
Financial Management								
Operator within and label gainlines to provide a cost offective program of high- ineutry								
a transmission of productivity and cost effectiveness in support program								
decision making b. Parties analytic parameters as default by school/distance, to partners the								
francial accepting of the program.								

## Job Map, which is PDF linked to resources within task-related topics listed in the *PlayBook's*<sup>™</sup> Resources section:

A	Assess New Situation	Hold an expectations meeting with your supervisor	Evaluate equipment & physical facilities	Examine customer demographics & preferences	Review school rules, policies & procedures	Review results of established partnerships	Review previous goals, participation, schedules, food quality & records	Evaluate effectiveness of past practices	Assess employee skills & developmental needs	Identify changes needed		
в	Set & Maintain Direction	Develop a vision & theme for the year	Set goals, action plan, timeline, & calendar, including resulting paperwork	Review school calendar to maximize sales opportunities	Plan activities throughout the year with students	Review USDA resources	Identify other professionals to test ideas	Get the school involved in the program	Communicate vision, goals & plan to get team, vendor & customer support	Assign roles & schedule tasks, adjusting as needed	Plan staff development	Create plan & proc for safety meetings
		Coach team members' performance to achieve the vision & goals	Assess team progress regularly	Make mid-course corrections								
с	Manage Vendor Relationships	Identify bid & special products	Establish security procedures	Establish delivery rules, days & times	Develop ordering process for each vendor	Develop a receiving system – inspection, verification, placement, rotation, shortages, damages	Provide an ordering & delivery calendar to staff	Obtain contact information, meet delivery staff, & introduce to head cook or receiving personnel	Educate delivery vendor about ordering & receiving systems	Place orders	Participate in first delivery	Manage inventory
		Assess satisfaction & report results	Make changes as needed									
		•			•	•	•	•			•	
D	Manage Faculty & Staff Relationships	Introduce self to principal & staff & provide a program flyer, including menus & cost	Ask to learn the "loan" or "peanut butter sandwich" procedure	Request an appointment for a more in-depth meeting with your principal to discuss expectations & program goals	Provide guidelines while simultaneously asking, "How can we help you?"	Introduce Pre-K and Kindergarten students to the cafeteria (tours)	Meet with teachers & staff to provide program information, outline procedures & obtain feedback	Offer to provide catering & food for field trips & school events	Ask how menu changes are shared	Remind staff that withholding food may not be used as a disciplinary tool	Identify special teacher meals	Partner with faculty provide nutrition education
		Assess quality & customer satisfaction	Make changes as needed									
											•	
E	Manage Parent Relationships	Prepare packets of information about the program	Provide information/ be a resource about nutrition	Greet students & their families	Address special dietary needs	Communicate & enforce school rules about cafeteria, outside food & receiving money	Establish a nutrition advisory council					
F	Manage Operations	Narrow down and focus on the essentials of cafeteria performance	Identify staffing needs	Post jobs	Interview & select candidates	Orient new team members	Manage program information (files, marketing, calendars, flyers, signage, website, newspaper)	Manage budgets	Implement policies & procedures	Manage employee leave issues	Identify key issues & relationships relevant to achieving goals	Seek information about program issu & processes from customers
		Organize data to uncover issues, root causes & trends	Create & examine options, set decision making criteria & select option	Anticipate issues surrounding change	Adjust processes to support change	Communicate & inspire team to embrace change	Commit to & carry out strategy while monitoring results	Support & quide team in navigating change	Manage self to lead change	Make difficult decisions timely	Maintain program & staff confidentiality	
		Make connection	Provide consequence	Meet one-on-one with team members to	Coach employees for bigh performance:	Provide time & access to training &	Provide on-the-job training	Discuss learning gained from completed	Deliver feedback that is timely specific &	Identify & provide developmental	Inspire employees	Promote qualified individuals to fill var